Detecting Early Choroidal Thickness Changes using Piecewise Rigid Image Registration and Eye-Shape Adherent Regularization

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January 22, 2021



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#### Acknowledgements

Prof. Christoph Meier Dr. Boris Považay HuCE-optoLab BFH

Prof. Dr. Selim Orgül Prof. Dr. Philippe Cattin Dr. Christoph Jud CIAN/DBE-Team

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The Hong Kong Polytechnic University (PolyU)



- Universitätsspital Basel



#### Myopia - prevalence worldwide



#### Myopia prevalence worldwide in 2010 and projected for 2050

(data source: Holden BA, Fricke TR, Wilson DA et al., Global prevalence of myopia and high myopia and temporal trends from 2000 through 2050. Ophthalmology, 123(5), pp.1036-1042)

## Myopic vision













## Myopia control



(a) Low-dose atropine eye drops

(b) Corneal reshaping lenses



(c) Defocus incorporated lenses

### High myopia and its risks



(a) High myopic eye

(b) Retinal detachments

(The image (a) was kindly provided by the Eye Clinic at the University Hospital in Basel, (b) by the Eye Clinic at the Lindenhofspital in Bern, Switzerland.)

## Choroidal thickness (ChT)

#### ChT as biomarker in predicting and monitoring myopia

- Read, et al. "Choroidal changes in human myopia: insights from OCT imaging." Wiley Online Library, Vol. 102, Issue 3, 2019.
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- Nickla, et al. "The multifunctional choroid." Progress in retinal and eye research, 2010.
- Mutti, et al. "Myopia yesterday, today, and tomorrow." Optometry and vision science: official publication of the American Academy of Optometry, 2013.
- Chhablani, et al. "Choroidal imaging: A review." Saudi J. of Ophthal., 2014.

## Choroidal thickness (ChT)

#### ChT as biomarker in predicting and monitoring myopia



#### The <mark>choroid</mark>

- vascular tissue located between the sclera and the retina,
- blood-filled, 0.1 to 0.22 mm thick,
- provides the outer retina with oxygen and metabolites, and
- regulates the temperature and position of the retina.

#### Image acquisition with OCT



#### **Choroidal thickness map**



*Thickness* of the choroid = distance BM–CSI

### Challenge 1

#### Finding the exact position of the CSI is a major challenge



 $\implies$  image segmentation not suitable for this task

Finding the exact position of the CSI is a major challenge



image registration (instead of segmentation)

#### Challenge 2 Interleaved nature of the human eye

The interleaved nature of the eye must be taken into account



⇒ *piecewise rigid* registration strategy

#### Challenge 2 Interleaved nature of the human eye

#### ⇒ *piecewise rigid* registration strategy



#### The new approach



#### The new approach CRAR



⇒ CRAR = Choroidal thickness changes detection using piecewise rigid Registration and eye-shape Adherent Regularization

## **CRAR - 3D overlapping cuboidal blocks**



 $\mathcal{C}_{i}^{s+1} = \hat{\mathcal{B}}_{i}^{j} \cup \hat{\mathcal{B}}_{i}^{j+1} \cup \hat{\mathcal{B}}_{i}^{j+2} \cup \hat{\mathcal{B}}_{i}^{j+3} \cup \hat{\mathcal{B}}_{i}^{j+4}$ 

(If not noted otherwise, the OCT scans were acquired using the "Hydra-Spectralis," which was developed by the HuCE-optoLab of the Bern University of Applied Sciences, Biel, Switzerland.)

## **CRAR - 3D** piecewise rigid registration



## **CRAR** - 3D piecewise rigid registration



## **CRAR - 3D piecewise rigid registration**

#### Refinement of the blocks



- k: resolution depth level
- $k=1 \iff 8$  blocks (in the *x*-direction)
- $k=2 \iff 16$  blocks (in the *x*-direction)
- ••• •••
- $k=7 \iff 128$  blocks (in the *x*-direction)

#### Mathematical principle

Image registration as regularized minimization problem

GOAL: find the **displacement field**  $\mathcal{U} = \{\psi_{u_i^s}\}$  such that



where  $I_R, I_T : \Omega \to \mathbb{R}^+$ , and

 $\mathcal{D}[I_{R}, I_{T}, \psi_{u_{i}^{s}}] := -\sum_{s=1}^{\bar{S}} \sum_{i=1}^{N} \int_{\hat{C}_{i}^{s}} \frac{\sum_{p \in \hat{C}_{i}^{s}} \left[I_{T} \circ \psi_{u_{i}^{s}}(p) - \mu_{T}\right] \left[I_{R}(p) - \mu_{R}\right]}{\sqrt{\sum_{p \in \hat{C}_{i}^{s}} \left[I_{T} \circ \psi_{u_{i}^{s}}(p) - \mu_{T}\right]^{2}} \sqrt{\sum_{p \in \hat{C}_{i}^{s}} \left[I_{R}(p) - \mu_{R}\right]^{2}}}$  *inverse normalized cross correlation* 

### Mathematical principle

Image registration as regularized minimization problem

GOAL: find the **displacement field**  $\mathcal{U} = \{\psi_{u_i^s}\}$  such that



where  $I_R, I_T : \Omega \to \mathbb{R}^+$ , and

$$\mathcal{R}[\psi_{u_i^s}] = \frac{1}{\mathcal{N}} \sum_{s,t=1}^{\bar{S}} \sum_{i,j=1}^{N} \left| \left| u_i^s(p_i^s) - u_j^t(p_j^t) \right| \right|^2 \cdot \mathcal{K}_b(p_i^s, p_j^t)$$

where  $u_i^s(p_i^s)$  and  $u_j^t(p_j^t)$  are the displacement vectors of  $p_i^s$  and  $p_j^t$ , the centers of the blocks  $\hat{C}_i^s$  and  $\hat{C}_i^t$ .

#### **CRAR** - Eye-shape adherent regularization



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## Evaluation of CRAR/1

Displacements by scan-rescan and simulated changes



Detection performance:

 $\implies$  subvoxel accuracy!

## **Evaluation of CRAR/2**

CRAR vs. state-of-the-art method



(\* a courtesy of: Mazzaferri, et al. "Open-source algorithm for automatic choroid segmentation of OCT volume reconstructions", Scientific Reports, Vol. 7, p. 42112, 2017.)

Phase 1: Evaluation based on common agreement using  $WI_i$ 



$$WI_{j} = \frac{(r-2)\sum_{j'\neq j}^{r} s(\mathcal{E}_{j}, \mathcal{E}_{j'})}{2\sum_{j'\neq j}^{r} \sum_{j''\neq j}^{j'-1} s(\mathcal{E}_{j'}, \mathcal{E}_{j''})}$$

Phase 1: Evaluation based on common agreement using  $WI_i$ 



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Phase 1: William's index using Jaccard & Dice



Phase 1: William's index using BLD



Phase 1: William's index using diffZ



diffZ(
$$\Delta \mathcal{E}_j, \Delta \mathcal{E}_{j'}$$
) = 1 +  $\frac{\sum_{s=1}^{S} \sum_{i=1}^{n} |\Delta \mathcal{E}_j^s(i) - \Delta \mathcal{E}_{j'}^s(i)|}{mnS}$ 

Phase 1: William's index using diffZ

Even 1	0.9975	0.9987	1.0638	1.0254	1.06
Exb T	0.0070	0.0001		1.0201	1.04
Exp 2	0.9989	0.9994	0.9856	1.0257	1.02
Exp 3	1.0024	1.0013	0.9192	0.9535	1.00
Exp 4	1.0015	1.0008	0.9604	0.9895	0.98
Exp 5	1.0001	1.0000	1.0384	0.9810	0.96
Exp 6	0.9996	0.9998	1.0417	0.9974	0.94
CRAR					0.92
	Jaccard	Dice	BLD	diffZ	

 $\implies$  average  $WI_i = 0.9992 \pm 0.0221$ 

Phase 1: William's index using diffZ

<b>F</b> 1	0 9975	0 9987	1.0638	1 0254	1.06
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 $\implies$  WI<sub>j</sub> is independent of the choice of the similarity measure

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Exp 6	0.9996	0.9998	1.0417	0.9974	0.94
CRAR				1.0289	0.92 empty
L	Jaccard	Dice	BLD	diffZ	

 $\implies$  CRAR performs at the level of an expert

Phase 2: Adapted power analysis with leave-one-out cross validation

Artificial ground truth  $\overline{\mathcal{G}}_j$  (after leaving out the results of expert j)

$$\overline{\mathcal{G}}_j = rac{1}{r-1} \sum_{j' 
eq j}^r \Delta \mathcal{E}_{j'}, \quad ext{for all } \Delta \mathcal{E}_{j'} \in \Delta \mathcal{E} \setminus \{\Delta \mathcal{E}_j\},$$

Paired t-test is performed to compare the errors of algo and expert, i.e.  $X_j = X - \overline{\mathcal{G}}_j$  and  $Y_j = \Delta \mathcal{E}_j - \overline{\mathcal{G}}_j$ 

⇒ p-value < 0.01, Cohen's  $d \in [0.41; 0.49]$  (medium-large effect) where Cohen's  $d_j = \frac{\mu(X_j) - \mu(Y_j)}{\sqrt{S}}$ 

 $\implies$  CRAR shows a superior detection-performance than the experts

### **Clinical applicability of CRAR**



Detected ChT changes grouped by expert and CRAR per scan position

#### Macular Telangiectasia Type 2 (MacTel2) Feasibility study - Our main findings

#### **Goal**: To evaluate the impact of ChT over time on MacTel<sup>2</sup>



(M=MacTel 2, C=Control group)

#### Macular Telangiectasia Type 2 (MacTel2) Feasibility study - Our main findings

#### **Goal**: To evaluate the impact of ChT over time on MacTel2



 $\implies$  A thickened choroid may be a valuable diagnostic and monitoring clue in identifying MacTel2

## Achievements - $1^{st}$ publication

• Low SNR tackled

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- Low SNR tackled
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- 3D-volumetric analysis performed
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- Subvoxel accuracy achieved
- Lack of a real ground truth solved
- Sensitive progress indicator for myopia
- Extended applicability

#### **Publications**

Iowa Research Online	University of Iowa Iowa Research Online
Proceedings of the Ophthalmic Medical Image Analysis International Workshop	2016 Proceedings

#### Intensity-based Choroidal Registration Using Regularized Block Matching

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X. Chen, M. K. Garvin, J. Liu, E. Trucco, Y. Xu (Eds.): OMIA 2016, Held in Conjunction with MICCAI 2016, Athens, Greece, Iowa Research Online, pp. 33–40, 2016. Available from: http://ir.uiowa.edu/omia/2016/proceedings/2016/ Lecture Notes in Computer Science

#### Detecting Early Choroidal Changes Using Piecewise Rigid Image Registration and Eye-Shape Adherent Regularization

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Springer International Publishing AG 2017
 M.J. Cardoso et al. (Eds.): FIFI/OMIA 2017, LNCS 10554, pp. 92–100, 2017.
 DOI: 10.1007/978-3-319-67561-9-10

#### O PLOS ONE

#### RESEARCH ARTICLE

# Statistical framework for validation without ground truth of choroidal thickness changes detection

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PLOS ONE | https://doi.org/10.1371/journal.pone.0218776 June 28, 2019

#### Feasibility Study of Subfoveal Choroidal Thickness Changes in Spectral-Domain Optical Coherence Tomography Measurements of Macular Telangiectasia Type 2

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D. Stoyanov et al. (Eds.): COMPAY 2018/OMIA 2018, LNCS 11039, pp. 303–309, 2018. https://doi.org/10.1007/978-3-030-00949-6\_36

- Computational time
- Longitudinal study on changes in the ChT and the onset of myopia
- Impact of the subfoveal ChT on MacTel2
- Thickness changes in intraretinal layers (e.g. to monitor glaucoma)
- CRAR in other fields of medicine (e.g. dermatology)
- Development of a synthetic ground

A new method CRAR was developed, a sensitive progression indicator for unsupervised automated detection of choroidal changes to reliably predict and monitor eye disorders and diseases with subvoxel accuracy.

#### Acknowledgements

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